



# MASTERING MEETINGS: USING THE MAGIC OF BRAINSTORMING

A 60-MINUTE WEBINAR



One of the most challenging issues surrounding meetings is the idea of creativity – generating ideas, brainstorming and developing options.

- 1) When scheduling a brainstorming meeting, set \_\_\_\_\_ in advance using the agenda (which you will distribute in advance of the meeting).
- 2) Have attendees of the brainstorming session bring their own lists of \_\_\_\_\_ or \_\_\_\_\_.
- 3) Consider sending a \_\_\_\_\_ to attendees a few days before the meeting to jog their memories – and their creative juices.
- 4) \_\_\_\_\_-type activities can be helpful in encouraging a free-flow of ideas. For example:

## What Am I?

Ask participants to think of the name of an object that begins with the same letter as their last name. Examples: B = books!, E = eggs, G = gold, K = koala, P = peanut, T = tree and so on. Have each participant write that word on a post-it-note and put the post-it note on their palm (so they can hold up their hand and others can read the word). Now ask the participants to mingle around the room and combine their object with someone else's to create something new (adapted from [www.creativitypost.com](http://www.creativitypost.com)).

## *Examples:*

- *Books + Eggs = A cookbook for egg-lovers.*
- *Gold + Koala = Goldilocks and the three koalas!*
- *Peanut + Tree = A peanut-growing tree.*

## Opposites Attract

Prepare copies of a list of common words such as sun, white, chair, house, pen, etc. Pair participants and have them recite the words, followed by the “opposite.” Once they have given the usually-common answer (sun/moon), challenge them to come up with two more words that are opposite (or nearly opposite) of the original word (sun/cloud or sun/night)

## Game Day

Use an actual game such as Boggle or Scrabble to “loosen” up minds. You can purchase letter tiles - for a Scrabble-like game - at Amazon or Oriental Trading Company. Consider having a “theme” and timing the creation of words. Example: Theme = animals, 5 minute time limit, whichever group creates the most words wins a bag of candy ☺.

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- 5) What kinds of icebreaker-type activities have you used or participated in?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- 6) Start the meeting with some \_\_\_\_\_ comments and activities.
- 7) Consider holding the meeting \_\_\_\_\_.
- 8) Choose a \_\_\_\_\_ who can help everyone feel comfortable.
- 9) \_\_\_\_\_ can be very effective for creative thinking.
- 10) At the beginning, encourage \_\_\_\_\_ over \_\_\_\_\_.
- 11) To help encourage participation, make sure everyone has the same  
\_\_\_\_\_ of the issue you are brainstorming.
- 12) Real brainstorming involves no \_\_\_\_\_; in fact, sometimes the more outlandish, the better.
- 13) Try to include a \_\_\_\_\_ group.
- 14) Remember that \_\_\_\_\_ process differently than \_\_\_\_\_.
- 15) If your group is not in the same building, consider “\_\_\_\_\_”.
- 16) Follow closely the same process you would use for a standard meeting: example - end the session with clear assignments for \_\_\_\_\_.
- 17) Set a \_\_\_\_\_ at the beginning of the session.
- 18) Don't dig into one idea too deeply too \_\_\_\_\_.
- 19) Allow for \_\_\_\_\_ contributions.
- 20) The meeting should progress from \_\_\_\_\_ to \_\_\_\_\_.
- 21) Watch for opportunities to \_\_\_\_\_.
- 22) Make sure that the group gets \_\_\_\_\_ for ideas that are implemented.
- 23) \_\_\_\_\_ every idea or suggestion.

- 24) To ensure that everyone participates in the meeting, try these techniques:
- a) Pass a \_\_\_\_\_ from participant to participant; when someone catches the ball, they comment on a previous suggestion or offer a new idea.
  - b) Pass out \_\_\_\_\_ to each participant. They have to spend at least 1 of their pennies by offering an idea or suggestion, but can't spend more than 5 at one meeting.
  - c) After thoroughly explaining the issue to be discussed, have participants \_\_\_\_\_ to get the conversations started.
  - d) Have everyone bring at least \_\_\_\_\_ on slips of paper; put all the slips into a basket, then pass the basket. Have each person draw out the same number of ideas he/she put into the basket and share the ideas on those slips of paper before narrowing ideas to be thoroughly discussed.
  - e) Create a culture that expects \_\_\_\_\_.
  - f) Make it \_\_\_\_\_ to participate.
  - g) Bring them into the conversation \_\_\_\_\_.
  - h) Heighten your \_\_\_\_\_ of who is participating.
  - i) Watch for \_\_\_\_\_ that someone has something to add.
  - j) \_\_\_\_\_ after a brainstorming session to determine how well you encouraged and included others to participate.

What techniques have you used to encourage participation at meetings?

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**Notes to self: What are TWO things I will do differently to encourage brainstorming and participation?**

1) \_\_\_\_\_

\_\_\_\_\_

2) \_\_\_\_\_

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