



## Suggested Resources

We hope you enjoy the webinar *Do You Have Compassion Fatigue?* and suggest the following resources to continue your learning after the program.

### Books

Todaro-Franceschi, Vidette. *Compassion Fatigue and Burnout in Nursing: Enhancing Professional Quality of Life*. Springer, 2013.

### Web Resources

<http://www.compassionfatigue.org/>

<http://www.stress.org/military/for-practitionersleaders/compassion-fatigue/>

[http://www.americanbar.org/groups/lawyer\\_assistance/resources/compassion\\_fatigue.html](http://www.americanbar.org/groups/lawyer_assistance/resources/compassion_fatigue.html)

[http://www.medscape.com/viewarticle/745293\\_1](http://www.medscape.com/viewarticle/745293_1)

Compassion Fatigue Self-Test:

[http://www.proqol.org/uploads/ProQOL\\_5\\_English\\_Self-Score\\_3-2012.pdf](http://www.proqol.org/uploads/ProQOL_5_English_Self-Score_3-2012.pdf)

WebJunction Archived Webinar and Slides:

[https://www.webjunction.org/events/webjunction/Understanding\\_Compassion\\_Fatigue\\_in\\_Your\\_Library.html](https://www.webjunction.org/events/webjunction/Understanding_Compassion_Fatigue_in_Your_Library.html)

[http://www.webjunction.org/news/webjunction/Compassion\\_Lost\\_Regained.html](http://www.webjunction.org/news/webjunction/Compassion_Lost_Regained.html)

<http://www.helpguide.org/articles/stress/preventing-burnout.htm>

The Wheel of Needs: [http://www.schooltransformation.com/wp-content/uploads/2012/06/Expressing\\_Empathy.pdf](http://www.schooltransformation.com/wp-content/uploads/2012/06/Expressing_Empathy.pdf)

## Articles

Christian, Linda A. "A Passion Deficit: Occupational Burnout and the New Librarian: A Recommendation Report." *The Southeastern Librarian*, Vol. 62, No. 4:2-11, Winter 2015.

Katopol, Patricia. "Enough Already: Compassion Fatigue." *Library Leadership and Management*, Vol. 30, No. 2: 1-4, February 2016.

Matteson, Miriam, and Shelly S. Miller. "Emotional Labor in Librarianship: A Research Agenda." *Library & Information Science Research*, 34: 176-183, 2012.

Matteson, Miriam, and Shelly Miller. "What Library Managers Should Know About Emotional Labor." *Public Library Quarterly*, 33:95-107, 2014

Matteson, Miriam, Sharon Chittock, and David Mease. "In their Own Words: Stories of Emotional Labor from the Library Workforce." *Library Quarterly*, Vol. 85, No. 1: 85-105, 2015.

All the best,

The People of PCI Webinars

"If you want to earn more, learn more." – Unknown